

# VERMONT Diabetes Data & Forecasts

State Total Population Forecasts	2015	2020	2025	2030
Entire Population	673,200	690,700	703,300	711,900
Prediabetes	182,200	193,100	202,500	205,300
Diagnosed diabetes	38,200	46,400	53,100	58,000
Undiagnosed diabetes	18,400	21,200	23,000	23,900
Total with diabetes (diagnosed and undiagnosed)	56,500	67,600	76,100	81,900
<b>Complications:</b>				
Visual impairment	6,300	7,400	8,200	8,700
Renal failure	91	110	120	120
Leg amputations	79	88	93	93
Annual deaths attributable to diabetes	410	480	520	540
Total annual cost (2015 dollars)	\$650 M	\$769 M	\$864 M	\$929 M
Annual medical costs	\$480 M	\$563 M	\$630 M	\$675 M
Annual nonmedical costs	\$170 M	\$206 M	\$234 M	\$254 M

State Senior Population Forecasts	2015	2020	2025	2030
Population 65 and older	113,500	136,400	158,200	173,900
Prediabetes	57,900	69,600	80,700	88,700
Diagnosed diabetes	21,500	25,800	29,900	32,900
Undiagnosed diabetes	7,900	9,500	11,100	12,200
Total with diabetes (diagnosed and undiagnosed)	29,400	35,300	41,000	45,100
<b>Complications:</b>				
Visual impairment	4,000	4,700	5,300	5,700
Renal failure	66	77	86	91
Leg amputations	50	55	59	60
Annual deaths attributable to diabetes	280	320	340	340
Total annual cost (2015 dollars)	\$375 M	\$451 M	\$523 M	\$575 M
Annual medical costs	\$352 M	\$423 M	\$491 M	\$540 M
Annual nonmedical costs	\$23 M	\$28 M	\$32 M	\$35 M

These forecasts are based on the latest available national diabetes data, including U.S Census Bureau population projections, the CDC National Diabetes Statistics Report, 2014, CDC diabetes morbidity trend reports, CDC's latest diabetes prevalence projections to 2050 and Dall, et al. "The Economic Burden of Elevated Blood Glucose Levels in 2012: Diagnosed and Undiagnosed Diabetes, Gestational Diabetes Mellitus, and Prediabetes," *Diabetes Care* 2014;37:3172-3179. These forecasts assume a steady, but conservative, reduction in the number of people with complications due to better awareness of the risks of diabetes, earlier screening and intervention, and more effective therapies.

For details and references on the Institute for Alternative Futures Diabetes 2030 Forecasting Model Methodology, visit [www.altfutures.org/diabetes2030](http://www.altfutures.org/diabetes2030).

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