

## NEW MEXICO Diabetes Data &amp; Forecasts



State Total Population Forecasts	2015	2020	2025	2030
Entire Population	2,041,500	2,084,300	2,106,600	2,099,700
Prediabetes	614,500	648,100	674,600	673,300
Diagnosed diabetes	181,800	219,900	249,800	268,900
Undiagnosed diabetes	66,500	76,400	82,400	84,000
Total with diabetes (diagnosed and undiagnosed)	248,400	296,300	332,200	352,900
<b>Complications:</b>				
Visual impairment	29,800	35,000	38,600	40,300
Renal failure	430	510	550	580
Leg amputations	380	420	440	430
Annual deaths attributable to diabetes	1,960	2,260	2,440	2,490
Total annual cost (2015 dollars)	\$2.2 B	\$2.6 B	\$3.0 B	\$3.1 B
Annual medical costs	\$1.7 B	\$2.0 B	\$2.3 B	\$2.4 B
Annual nonmedical costs	\$0.5 B	\$0.6 B	\$0.7 B	\$0.7 B

State Senior Population Forecasts	2015	2020	2025	2030
Population 65 and older	343,600	419,700	497,400	555,200
Prediabetes	175,200	214,000	253,700	283,100
Diagnosed diabetes	64,900	79,300	94,000	104,900
Undiagnosed diabetes	24,100	29,400	34,800	38,900
Total with diabetes (diagnosed and undiagnosed)	89,000	108,700	128,800	143,800
<b>Complications:</b>				
Visual impairment	12,200	14,500	16,700	18,200
Renal failure	200	240	270	290
Leg amputations	150	170	190	190
Annual deaths attributable to diabetes	1,350	1,510	1,590	1,570
Total annual cost (2015 dollars)	\$1.1 B	\$1.4 B	\$1.6 B	\$1.8 B
Annual medical costs	\$1.0 B	\$1.3 B	\$1.5 B	\$1.7 B
Annual nonmedical costs	\$0.1 B	\$0.1 B	\$0.1 B	\$0.1 B

These forecasts are based on the latest available national diabetes data, including U.S Census Bureau population projections, the CDC National Diabetes Statistics Report, 2014, CDC diabetes morbidity trend reports, CDC's latest diabetes prevalence projections to 2050 and Dall, et al. "The Economic Burden of Elevated Blood Glucose Levels in 2012: Diagnosed and Undiagnosed Diabetes, Gestational Diabetes Mellitus, and Prediabetes," *Diabetes Care* 2014;37:3172-3179. These forecasts assume a steady, but conservative, reduction in the number of people with complications due to better awareness of the risks of diabetes, earlier screening and intervention, and more effective therapies.

For details and references on the Institute for Alternative Futures Diabetes 2030 Forecasting Model Methodology, visit [www.altfutures.org/diabetes2030](http://www.altfutures.org/diabetes2030).

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