

# NEBRASKA Diabetes Data & Forecasts

State Total Population Forecasts	2015	2020	2025	2030
Entire Population	1,788,500	1,802,700	1,812,800	1,820,200
Prediabetes	485,500	505,500	523,500	526,400
Diagnosed diabetes	124,100	148,200	167,500	181,600
Undiagnosed diabetes	50,400	57,200	61,300	63,000
Total with diabetes (diagnosed and undiagnosed)	174,500	205,300	228,900	244,600
<b>Complications:</b>				
Visual impairment	20,400	23,600	25,900	27,200
Renal failure	300	340	370	390
Leg amputations	260	280	290	290
Annual deaths attributable to diabetes	1,340	1,520	1,640	1,680
Total annual cost (2015 dollars)	\$1.7 B	\$2.0 B	\$2.2 B	\$2.3 B
Annual medical costs	\$1.3 B	\$1.5 B	\$1.6 B	\$1.7 B
Annual nonmedical costs	\$0.4 B	\$0.5 B	\$0.6 B	\$0.6 B

State Senior Population Forecasts	2015	2020	2025	2030
Population 65 and older	271,400	309,000	347,800	375,800
Prediabetes	138,400	157,600	177,400	191,700
Diagnosed diabetes	51,300	58,400	65,700	71,000
Undiagnosed diabetes	19,000	21,600	24,400	26,300
Total with diabetes (diagnosed and undiagnosed)	70,300	80,000	90,100	97,300
<b>Complications:</b>				
Visual impairment	9,600	10,600	11,700	12,300
Renal failure	160	170	190	200
Leg amputations	120	120	130	130
Annual deaths attributable to diabetes	920	1,020	1,060	1,060
Total annual cost (2015 dollars)	\$0.9 B	\$1.0 B	\$1.2 B	\$1.2 B
Annual medical costs	\$0.8 B	\$0.9 B	\$1.1 B	\$1.1 B
Annual nonmedical costs	\$0.1 B	\$0.1 B	\$0.1 B	\$0.1 B

These forecasts are based on the latest available national diabetes data, including U.S Census Bureau population projections, the CDC National Diabetes Statistics Report, 2014, CDC diabetes morbidity trend reports, CDC's latest diabetes prevalence projections to 2050 and Dall, et al. "The Economic Burden of Elevated Blood Glucose Levels in 2012: Diagnosed and Undiagnosed Diabetes, Gestational Diabetes Mellitus, and Prediabetes," *Diabetes Care* 2014;37:3172-3179. These forecasts assume a steady, but conservative, reduction in the number of people with complications due to better awareness of the risks of diabetes, earlier screening and intervention, and more effective therapies.

For details and references on the Institute for Alternative Futures Diabetes 2030 Forecasting Model Methodology, visit [www.altfutures.org/diabetes2030](http://www.altfutures.org/diabetes2030).

Research funded by Novo Nordisk Inc.