

Diabetes 2030 Forecasts, 2015

MINNEAPOLIS Metropolitan Area Diabetes Data & Forecasts

Includes: Minneapolis-St. Paul-Bloomington, MD-WI Metropolitan Statistical Area

Metro Total Population Forecasts	2015	2020	2025	2030
Entire Population	3,505,800	3,699,400	3,883,000	3,947,600
Prediabetes	933,000	1,017,000	1,099,400	1,119,200
Diagnosed diabetes	206,800	258,500	305,000	334,800
Undiagnosed diabetes	92,600	110,000	123,100	128,100
Total with diabetes (diagnosed and undiagnosed)	299,500	368,500	428,200	462,900
Complications:				
Visual impairment	33,900	41,200	47,100	50,200
Renal failure	490	590	680	720
Leg amputations	430	490	530	540
Annual deaths attributable to diabetes	2,230	2,660	2,980	3,100
Total annual cost (2015 dollars)	\$3.3 B	\$4.0 B	\$4.6 B	\$5.0 B
Annual medical costs	\$2.5 B	\$3.0 B	\$3.5 B	\$3.8 B
Annual nonmedical costs	\$0.8 B	\$1.0 B	\$1.1 B	\$1.2 B

Metro Senior Population Forecasts	2015	2020	2025	2030
Population 65 and older	491,700	579,000	670,800	746,100
Prediabetes	250,800	295,300	342,100	380,500
Diagnosed diabetes	92,900	109,400	126,800	141,000
Undiagnosed diabetes	34,400	40,600	46,900	52,200
Total with diabetes (diagnosed and undiagnosed)	127,300	150,000	173,700	193,200
Complications:				
Visual impairment	17,400	19,900	22,500	24,400
Renal failure	290	330	360	390
Leg amputations	210	230	250	260
Annual deaths attributable to diabetes	1,540	1,780	1,940	1,950
Total annual cost (2015 dollars)	\$1.6 B	\$1.9 B	\$2.2 B	\$2.5 B
Annual medical costs	\$1.5 B	\$1.8 B	\$2.1 B	\$2.3 B
Annual nonmedical costs	\$0.1 B	\$0.1 B	\$0.1 B	\$0.2 B

These forecasts are based on the latest available national diabetes data, including U.S. Census Bureau population projections, the CDC National Diabetes Statistics Report, 2014, CDC diabetes morbidity trend reports, CDC's latest diabetes prevalence projections to 2050 and Dall, et al. "The Economic Burden of Elevated Blood Glucose Levels in 2012: Diagnosed and Undiagnosed Diabetes, Gestational Diabetes Mellitus, and Prediabetes," *Diabetes Care* 2014;37:3172-3179. These forecasts assume a steady, but conservative, reduction in the number of people with complications due to better awareness of the risks of diabetes, earlier screening and intervention, and more effective therapies.

For details and references on the Institute for Alternative Futures Diabetes 2030 Forecasting Model Methodology, visit www.altfutures.org/diabetes2030.

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