

# IDAHO Diabetes Data & Forecasts

State Total Population Forecasts	2015	2020	2025	2030
Entire Population	1,630,000	1,741,300	1,852,600	1,969,600
Prediabetes	431,300	476,000	521,600	555,200
Diagnosed diabetes	115,000	145,500	174,100	199,800
Undiagnosed diabetes	43,100	51,800	58,700	63,900
Total with diabetes (diagnosed and undiagnosed)	158,100	197,300	232,800	263,700
<b>Complications:</b>				
Visual impairment	18,900	23,200	26,900	30,000
Renal failure	270	330	390	430
Leg amputations	240	280	300	320
Annual deaths attributable to diabetes	1,240	1,500	1,700	1,850
Total annual cost (2015 dollars)	\$1.5 B	\$1.9 B	\$2.2 B	\$2.5 B
Annual medical costs	\$1.1 B	\$1.4 B	\$1.7 B	\$1.9 B
Annual nonmedical costs	\$0.4 B	\$0.5 B	\$0.5 B	\$0.6 B

State Senior Population Forecasts	2015	2020	2025	2030
Population 65 and older	220,100	269,400	320,200	361,000
Prediabetes	112,300	137,400	163,300	184,100
Diagnosed diabetes	41,600	50,900	60,500	68,200
Undiagnosed diabetes	15,400	18,900	22,400	25,300
Total with diabetes (diagnosed and undiagnosed)	57,000	69,800	82,900	93,500
<b>Complications:</b>				
Visual impairment	7,800	9,300	10,700	11,800
Renal failure	130	150	170	190
Leg amputations	96	110	120	120
Annual deaths attributable to diabetes	850	1,000	1,100	1,160
Total annual cost (2015 dollars)	\$728 M	\$891 M	\$1.1 B	\$1.2 B
Annual medical costs	\$683 M	\$836 M	\$1.0 B	\$1.1 B
Annual nonmedical costs	\$45 M	\$55 M	\$0.1 B	\$0.1 B

These forecasts are based on the latest available national diabetes data, including U.S Census Bureau population projections, the CDC National Diabetes Statistics Report, 2014, CDC diabetes morbidity trend reports, CDC's latest diabetes prevalence projections to 2050 and Dall, et al. "The Economic Burden of Elevated Blood Glucose Levels in 2012: Diagnosed and Undiagnosed Diabetes, Gestational Diabetes Mellitus, and Prediabetes," *Diabetes Care* 2014;37:3172-3179. These forecasts assume a steady, but conservative, reduction in the number of people with complications due to better awareness of the risks of diabetes, earlier screening and intervention, and more effective therapies.

For details and references on the Institute for Alternative Futures Diabetes 2030 Forecasting Model Methodology, visit [www.altfutures.org/diabetes2030](http://www.altfutures.org/diabetes2030).

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